

Introducing: SomnoMed Sleep Services

Testing for Obstructive Sleep Apnea (OSA)

Do you have symptoms and concerns about sleep? The first step in addressing your sleep symptoms and concerns is getting tested.

SomnoMed Sleep Services can help...

Serving all of Alberta and conveniently located in SE Calgary, we offer fast (2 weeks or less), convenient, affordable home sleep apnea testing that you can do in the comfort of your own home. If you are diagnosed with OSA, we'll provide you with unbiased education of various treatment options to help you choose the right therapy for you. We will also help you find the right treatment provider, whether a qualified sleep dentist for Oral Appliance Therapy, a company that provides CPAP or other qualified sleep professionals for other treatment options.

SomnoMed Sleep Services is a sleep diagnostics service. We don't provide and sell CPAP or Oral Appliance Therapy. Our goal is to provide you with reliable diagnostic testing and unbiased guidance toward the right treatment choice for you.



Together we have a combined 70 years of clinical experience in the field of sleep disordered breathing.
Pictured Left-Right: Ann-Marie Stevenson, RRT, Jan Tulk, Patient Care Coordinator, Elaina Zebroff, RRT

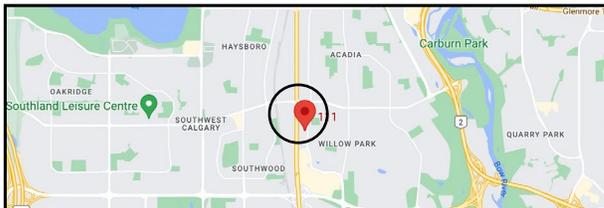
Call or email us to learn more:

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[SomnoMed Sleep Services](#)



What is Obstructive Sleep Apnea (OSA)?

OSA is a potentially serious condition that can lead to more serious health conditions such as high blood pressure, stroke, heart attack, diabetes, motor vehicle accidents, and other health disorders.

Symptoms of OSA

Symptoms include snoring and/or intermittent gasping while sleeping, daytime sleepiness, depressed mood, poor concentration or "foggy-headedness", irritability, and generally low energy.

How is OSA Treated?

There are a number of treatment options depending on the severity of the OSA and the patients' preference or tolerance of treatment options such as Oral Appliance Therapy, CPAP, surgery, positional devices, and weight loss. You have a choice!