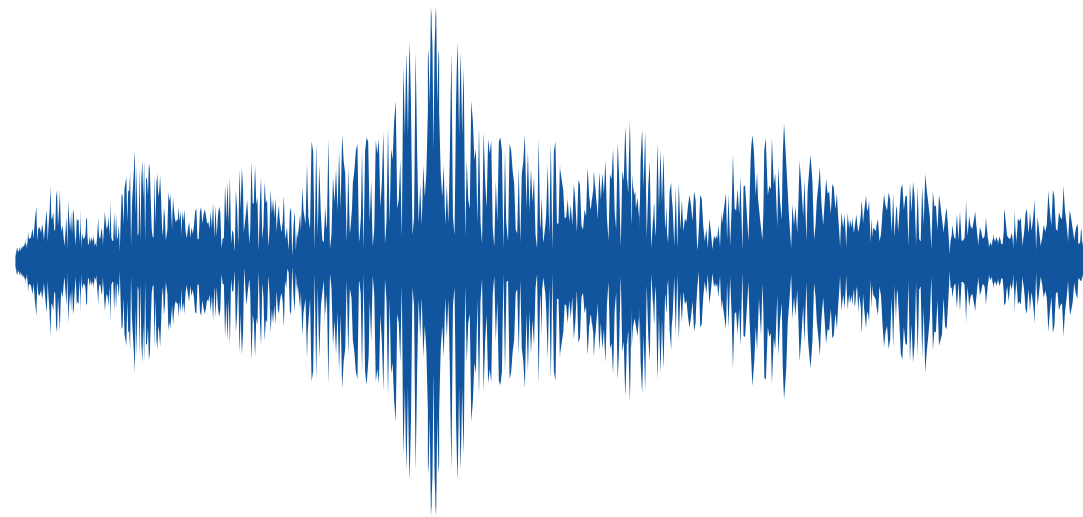


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Quieting the effects of Obstructive Sleep Apnea (OSA) can help to ensure a good night's sleep for all.

What is OSA?

OSA is a condition in which breathing stops during sleep. When breathing stops for short periods of time, these interruptions are called apnea.¹

What causes OSA?

OSA is caused by a blockage of the airway, usually when the tongue collapses against the soft palate and the soft palate collapses against the back of the throat during sleep.²

Who is impacted by OSA?

22 million Americans are candidates for OSA⁴



80%, or **17,600,000** are undiagnosed⁴



Roughly **3.25 million** go untreated after diagnosis⁵

How is OSA treated?

Many medical device solutions are available to treat OSA. Some doctors will recommend Continuous Positive Airway Pressure, or CPAP, therapy. But another effective option that is proven to be effective is SomnoMed™ Oral Appliance Therapy. For many patients, this is a safe, comfortable and effective treatment that can help patients with a full night's sleep.

Conditions associated with OSA include:³



Snoring



Hypertension



Stroke



Obesity



Depression and anxiety



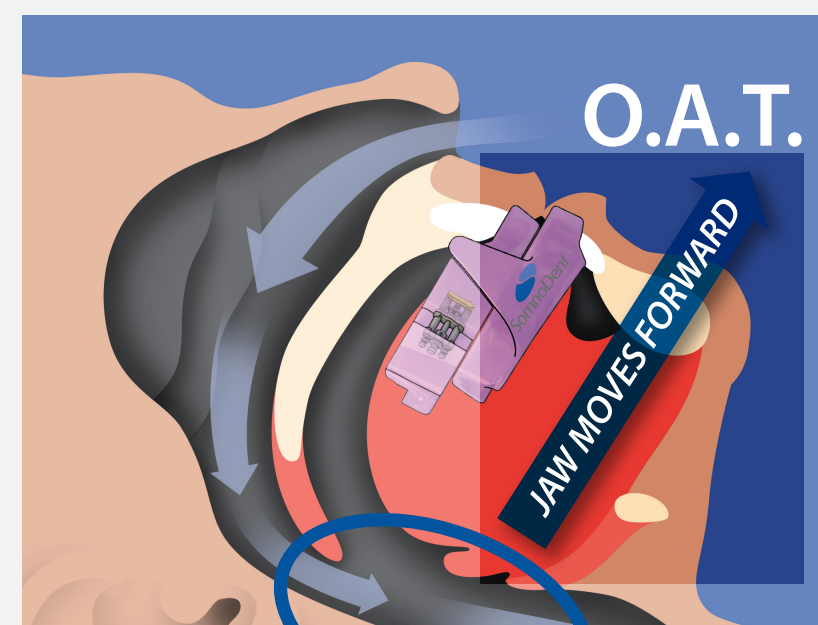
Sexual dysfunction



Congestive heart failure



Heart disease



A custom-fit oral sleep appliance that is worn during sleep and fits comfortably in your mouth.

Appliance supports the jaw in a forward position

Design promoting a closed mouth helps prevent dryness while maintaining an open upper airway

Easy inhaling and exhaling helps to ensure restorative sleep

Customized fit ensures hours of comfort

Research by experts shows that oral appliance therapy is an effective treatment option for OSA. Your dentist will recommend the option that is best for you.



Covered by many medical insurance plans.

Comfortable and effective Oral Appliance Therapy (OAT) options for mild to moderate OSA treatment.

The SomnoMed Oral Device Selection Tool

Patient Type	Device Designed To:	SOMNODENT SIGNATURE LINE			
		AVANT	HERBST ADVANCE ELITE	FUSION	FLEX
Open and closing mouth is a priority for the patient	Allow mouth to open/close more freely without metal hinges			●	●
Larger Tongue	Increase tongue space for patient		●		
Smaller Mouth	Shorter adjustment arms for compatibility / Fusion is slimmer with less bulk due to prefabricated wings	●	●	●	
Mouth Breathers	Option of anterior opening for capability of mouth breathing while device is worn	●	●	●	●
Extreme vertical opening / Patient with large vertical	Allow optional retention (ER) Hooks		●	●	●
Requires elastics to promote mouth closure	Made with (ER) Hooks	●			
Requires Nickel Free Device	Made without Nickel	●			●
Transportation patient / Positional Therapy Patient	DentiTrac not only allows for compliance tracking, but sleep position as well			●	●
Patients Healthcare Coverage - Check your insurances policy for details of device requirements/specifications					
High Deductible/ Low Insurance Coverage			●		
Medicare Patient / PDAC Approved			●		

Disclaimer: This content is provided for information purposes only and not meant to be a substitute for the dentist or physician's professional judgement in treating patients with sleep apnea. Patients should always consult with a health care professional for medical advice or information about diagnosis and treatment.
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REFERENCES: 1. <https://www.mayoclinic.org/diseases-conditions/obstructive-sleep-apnea/symptoms-causes/syc-20352090> 2. <https://www.webmd.com/sleep-disorders/sleep-apnea/obstructive-sleep-apnea-causes> 3. <https://www.nhlbi.nih.gov/news/2010/sleep-apnea-tied-increased-risk-stroke> 4. <https://www.sleepapnea.org/learn/sleep-apnea-information-clinicians/> 5. Philips Global Sleep Survey, 2021

Journey from Poor Sleep to Well Rested with a SomnoMed Device.



EXPLORE YOUR OPTIONS

Your physician may visit with you prior to your sleep dental visit or as a result of your sleep dental visit. You'll learn about treatment options, including the SomnoMed® Oral Devices. Your dentist will custom fit it for your mouth. SomnoMed® devices move your lower jaw forward to open your obstructed airway, allowing you to breathe better naturally while asleep.



SLEEP DENTIST VISIT

When you have your sleep consultation with your sleep dentist, they will take an impression of your teeth and send the impression to SomnoMed to manufacture your device.



YOUR DEVICE FITTING

After a few weeks, your sleep dentists' office will call you to set an dental sleep medicine appointment so that you may try on your device to ensure it fits well. You'll also receive information on how to insert and remove your SomnoDent device as well as how to clean and care for it yourself.



PHYSICIAN VISIT

Your sleep dentist may refer you back to your sleep physician for a follow-up visit to ensure you are achieving success with your device.



WELL RESTED

Using their SomnoDent devices, people around the world have experienced more energy, feel better, begin dreaming again and enjoy restful, satisfying sleep at night.

Frequently Asked Questions

Is it safe?

Yes, SomnoDent® devices are FDA cleared.

Is it comfortable?

Yes, 9 out of 10 patients surveyed report it as comfortable?

How long will it last?

New SomnoMed® devices have a 3-year warranty but many remain operational long after their warranty expires.

How long will the process take?

Custom fitting for your SomnoDent® is done during an appointment with your sleep dentist. Receiving your solution back from the company takes approximately 4 weeks.

What will my out of pocket expense be?

This will depend on your plan coverage. Please confirm coverage with your carrier.