

Clinical Practice Guideline for the Treatment of Obstructive Sleep Apnea and Snoring with Oral Appliance Therapy: An Update for 2015

An American Academy of Sleep Medicine and American Academy of Dental Sleep Medicine
Clinical Practice Guideline

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Summary Recommendations - 2

When oral appliance therapy is prescribed by a sleep physician, a qualified dentist should use a custom, **titratable** device.

睡眠医療の臨床医よりOA（口腔内装置）が処方されたら、認定歯科医はカスタムメイドでかつ「**下顎位置が調整できる**」装置を使用しなければならない。